



Questions

1. How many different stances can you see? **4**

2. Can you identify and name them?

- **Receive of serve** **1**
- **Square defensive stance** **7**
- **Forward attacking** **4**
- **Backward attacking** **2**

Total number of stances 14

3. Which part of the court do most happen?

- **Forecourt Stances 3**
- **Midcourt stances 11**
- **Rearcourt Stances 0**

4. How many times does Tai Tzu Ying split in the direction she eventually moves? **7**

5. How many movements do not use preparatory stances? **5**

6. How many shots do you think are in the rally? **39 shots (19 played by Tai Tzu Ying)**

7. What is the total distance covered by Tai Tzu Ying? **87m**

Thoughts

- The anticipatory stances were used 73% of the time, 17% of the movements were direct ie no 'break' to adopt a stance
- 50% of the time the stance prepares for the actual direction the movement

The Stats of this one rally

